



Information about the this term's Personal, Social, Health Education, which includes Relationships and Changing Me

Date: May 2023

Dear Parents/Carers,

At Trafalgar Community Infant School we use Jigsaw, the mindful approach to PSHE, as our scheme of work to teach RSHE (Relationship, Sex, Health Education). The programme consists of 6 half-term units, each with 6 lessons. We call these Jigsaw 'Puzzles'. (Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me).

In the first half of the Summer Term we will be teaching the Relationships Topic. Relationships Education is statutory (DfE Guidance 2019).

We develop positive relationships throughout the school year and through each Jigsaw Puzzle, but there is a more specific focus on this in this Unit of Work, with children learning about different relationships we have with our friends, family and communities (including staying safe online), and how these relationships change as we grow.

In the second half of the Summer Term we will be teaching the 'Changing Me' Puzzle. This helps children learn to cope positively with all sorts of change. In Key Stage 1 we introduce scientific terminology for body parts, including genitalia. This enables children to know the correct vocabulary for body parts so they can talk about their own bodies.

The purpose of this letter is to inform you of the statutory requirements placed on schools, and what we plan to teach when for this topic in RSE and PSHE in this term.

The government statutory guidance gives parents the right to request to withdraw their child from Sex Education, and this letter explains more about what Sex Education is and how you can find out more about this if you wish to.

Relationship and Sex Education (RSE)

Relationship and Sex Education is statutory in all primary schools, and it is recommended that all primary schools have a Sex Education programme that is tailored to the age of the pupils.

The Relationship and Sex Education curriculum content is woven throughout the entire programme of Jigsaw, with a specific focus within the 'Healthy Me' and 'Relationships' Puzzles.

In the Early Years and Key Stage 1, the focus is on life cycles, valuing our own bodies and learning some vocabulary for the external body parts, that we might use if we needed to talk to an adult such as a nurse or a doctor.

The right to withdraw

As parents, you have the right to withdraw your child from the all or part of the RSE curriculum. These will be the lessons in the contents table below. You are unable to withdraw your child from lessons, which are also part of the science curriculum. If you do wish to withdraw your child from the human reproduction lessons, please contact the office so you can discuss the implications of withdrawing with the Co-Headteachers. We at Trafalgar believe that taking part in these lessons is important for children's social and emotional development and could help to keep them safe, as they grow older.

We have reviewed the content in the Jigsaw Programme as part of our policy review and the content below reflects the decisions made as part of this process with the staff and Governors.

The Jigsaw unit 'Changing Me' is taught in the Summer Term and contains 6 pieces (lessons). Each year group will be taught appropriate content to their age and developmental stage. This content will be taught by the class teachers. We will not teach beyond the remit of the year group. If questions are asked that the teacher feels are inappropriate or are beyond the content for that year group, the teacher may ask the child to ask their parent/carer, or the teacher may acknowledge the question and explain that we will learn about that aspect at another time.

We are eager to work in partnership with parents

Please be aware that your child may ask you questions on what they have learnt. There is a leaflet attached to this email which gives tips on how to talk to your child about human reproduction. There is also the Usborne series of growing up books (<https://usborne.com/gb/books/series/growing-up>) that you might find useful.

We hope that the information we have provided is useful in understanding what your child will be learning this term. Please find attached a Knowledge Organiser with a summary of what is covered in our Jigsaw work this term. It has sample questions that can be used to discuss the classroom topics at home. Please refer to our PSHE and RSE policies for further information which can be found on our website.

If you have any further questions or wish to discuss the Jigsaw curriculum further, we will be holding a drop-in session on Wednesday 24th May at 3:30pm in Lime Green Classroom, if you would like to attend this session please contact the school office by email office@trafalgarinfant.com or telephone 01403 254925 to book your place.

If you are unable to attend this session, please contact the office with any questions.

Kind regards,
Mrs K Lucas
PSHE / RSE Lead