

“My confidence is much stronger. I understand how to apply particular techniques much more, I feel more equipped”

“Talking about situations on a one to one and having good advice has been great”

TINA MAXEY

Family Link Worker

“It was great to meet other parents, at group sessions in the same situation”

“It was good to have a time to have a friendly chat and feel listened to, without feeling judged”



Dear Parents and Carers,

My name is Tina Maxey; I am currently working as a Family Link Support Worker for three schools, within the West Horsham School Network One of which is Trafalgar. This is a role that has evolved over the last four and a half years to support children, their families and staff within the school community with their emotional, social and mental wellbeing. This role connects positively with the vital and valuable support already in place provided by the Emotional Literacy Support Advisor.

I have over 20 years' experience in many aspects of family support and I work for TCIS, every Tuesday morning where I can offer, free support, advice, and signposting.



I am here to listen and support you

Are you like many other parents feeling that for a variety of reasons, things are very difficult at the moment, we recognise it is a very hard time for a lot of families in varying circumstances.

Do you fancy a tea, coffee, biscuit and a one-to-one chat? A phone call? I am here to listen and support you, if you do.

Support & Services

Do you want to know what support services are out there that may be able to help you and your child/ren?

Do you wish to explore ways to communicate more effectively with your child?

Would you like to discuss some simple techniques to manage your child's behaviour, help them with their feelings and to support them to listen more?



Last year we held a successful Parents and Carers drop-in session on the topic of helping your child to sleep. Please let us know if you would be interested in attending future FREE drop-ins and if there are any other topics you would like us to consider.

Please contact the TCIS office on 01403 254925 to book an appointment or have a call back from me if you would like to know more.