



ALLERGEN SHEET

MENU 2

AUTUMN 2026

MONDAY

MEAL NAME	ALLERGENS
Cheese and tomato pizza (Italian style Pizza slice)	Gluten/Wheat, Dairy
Vegetarian meatball in tomato sauce w potato (Herby Power balls in tomato sauce)	Soya
Jacket potato with baked beans	-
Egg Mayonnaise roll	Gluten/Wheat, Egg,
Yoghurt and Granola	Yoghurt contains dairy, Granola – wheat/gluten

TUESDAY

Beef Meatballs in tomato sauce	Gluten/Wheat
Sunshine rice	-
Fruity creamy Korma with rice	-
Jacket potato with cheese	Dairy
Chicken roll	Gluten/Wheat
Chocolate and pear brownies	Gluten/Wheat, Egg

WEDNESDAY

Roast Pork in gravy	-
Roast potatoes	Gluten/wheat
Vegetable pattie	-
Jacket potato with Cheese	Dairy
Cheese roll	Gluten/ Wheat, Dairy
Yoghurt	Dairy

THURSDAY

Venison mince bolognese pasta with baked cheese topping	Gluten/Wheat, Dairy
Sunshine vegetable biryani	-
Jacket potato with Baked beans	-
Tuna and cucumber Roll	Gluten/Wheat, Fish, Egg
Orange polenta cake	Gluten/wheat, Egg

FRIDAY

Breaded Flipper Dippers	Gluten/ Wheat, Fish,
Sauté potatoes	-
Vegan sausage roll (Golden flaky sausage roll)	Gluten/wheat, Soya
Jacket potato with Baked beans	-
Cheese and Tomato Pizza	Gluten/Wheat, Dairy
Fruit	-