



ALLERGEN SHEET

MENU 1

AUTUMN 2026

MONDAY

MEAL NAME	ALLERGENS
Tomato and vegetable pasta with cheese topping (Cheesy topped harvest pasta bake)	Gluten/Wheat, Dairy
Vegetable and bean lasagne (Beany rainbow layered lasagne)	Gluten/wheat, Dairy
Jacket potato with baked beans	-
Cheese roll	Gluten/Wheat, Dairy
Yoghurt with Granola	Yoghurt contains Dairy /Granola -Gluten/wheat,

TUESDAY

BBQ Beefburgers	Gluten/Wheat, Soya, Sulphites
BBQ sauce	-
Floured roll	Gluten/Wheat
Oven baked wedges	-
Vegan burger (Power burger)	-
Jacket potato with beans	-
Vegan sausage roll (Golden flaky sausage roll)	Gluten/Wheat, soya
Apple flapjack slice	Gluten/Wheat

WEDNESDAY

Roast gammon in gravy	-
Roast potatoes	Gluten/wheat
Vegan sausage roll (golden flaky sausage roll)	Gluten/wheat, soya
Jacket potato with Cheese	Dairy
Ham roll	Gluten/Wheat
Yoghurt	Dairy

THURSDAY

Chicken, vegetable and potato casserole	-
50/50 Rice	-
Smokey Bean campfire pasta bake	Gluten/Wheat, Dairy
Jacket potato with cheese	Dairy
Tuna and sweetcorn roll	Gluten/Wheat, Fish, Egg
Lemon drizzle cake	Gluten/Wheat, Egg

FRIDAY

Breaded fish fillets	Gluten/Wheat, Fish
Potatoes	-
Vegetable sausage (Sausage sizzler)	Gluten/Wheat
Jacket potato with baked beans	-
Ham and cheese French Bread Pizza	Gluten/Wheat, Dairy
Fruit	-