

# All About Me/ People Who Help Us Autumn 2022

## Personal, Social and Emotional Development

Transition to school  
Circle Time discussions  
Introduction of 'feelings' words  
Self-regulation and self-esteem  
Developing friendships - sharing, turn taking  
Development of class charter  
Understanding rewards and sanctions  
Persisting on a chosen activity  
Happy playtimes

## Communication, Language and Literacy

People who help us at school  
Singing Nursery Rhymes and songs  
Phase 1 phonics: listening, tuning into sounds, alliteration and rhyme  
Begin phase 2 phonics  
Listening to, sharing and discussing a range of books  
Developing communication and language skills  
Role-playing  
Developing vocabulary

## Physical Development

Gross motor development: Climbing, balancing, travelling in different ways  
Whole class games  
Cosmic Kids Yoga  
Balance Bikes  
Twinkl PE - more information will follow  
Dough Disco  
Fine motor development: playdough, threading, using tweezers, tracing, learning to hold a pencil and use it effectively  
My body – exercise, healthy diet, sleeping

## Understanding the World

Our Family/ Home life - sharing Magical Me books  
The Four Seasons - Autumn  
Harvest Time  
Exploring the school grounds  
Computing skills - manipulating a mouse to click and drag/ using an i-pad to support English and Maths  
Mini Mash on i-pads: home log - ins to follow  
How to be healthy  
Exploring 5 senses  
Trafalgar Day celebrations  
Woodland Time



## Mathematics

Say and use number names in order  
Sorting familiar objects according to size and colour  
Getting to know Numicon  
Count reliably up to 5 everyday objects  
Repeating patterns  
Recognising numbers to 5  
Exploring ways of making numbers to 5  
Finding one more and one less  
Using 1p coins  
Number rhymes  
Positional language  
Daily Routines  
Maths talk - reasoning and explaining their thinking when solving problems



## Expressive Arts and Design

Printing  
Free painting  
Combining different media  
Painting with a variety of tools  
Using imagination in role - play  
Respond in a variety of ways to music and poems, songs, stories and rhymes  
Express thoughts and communicate feelings about their creations  
Colour mixing  
Develop drawing skills